

## Who We Are & What We Do

The Innovation and Scale Up Lab (ISU Lab), is a partnership between School Mental Health Ontario (SMH-ON) and Western University's Centre for School Mental Health (CSMH).

The aim of this collaboration is to support the mental health of every student by:

- examining and advancing evidence-informed, identity affirming, and implementation-sensitive approaches within school mental health, and
- mobilizing both research and practice evidence to enhance quality, consistency, scalability, and sustainability in Ontario schools.

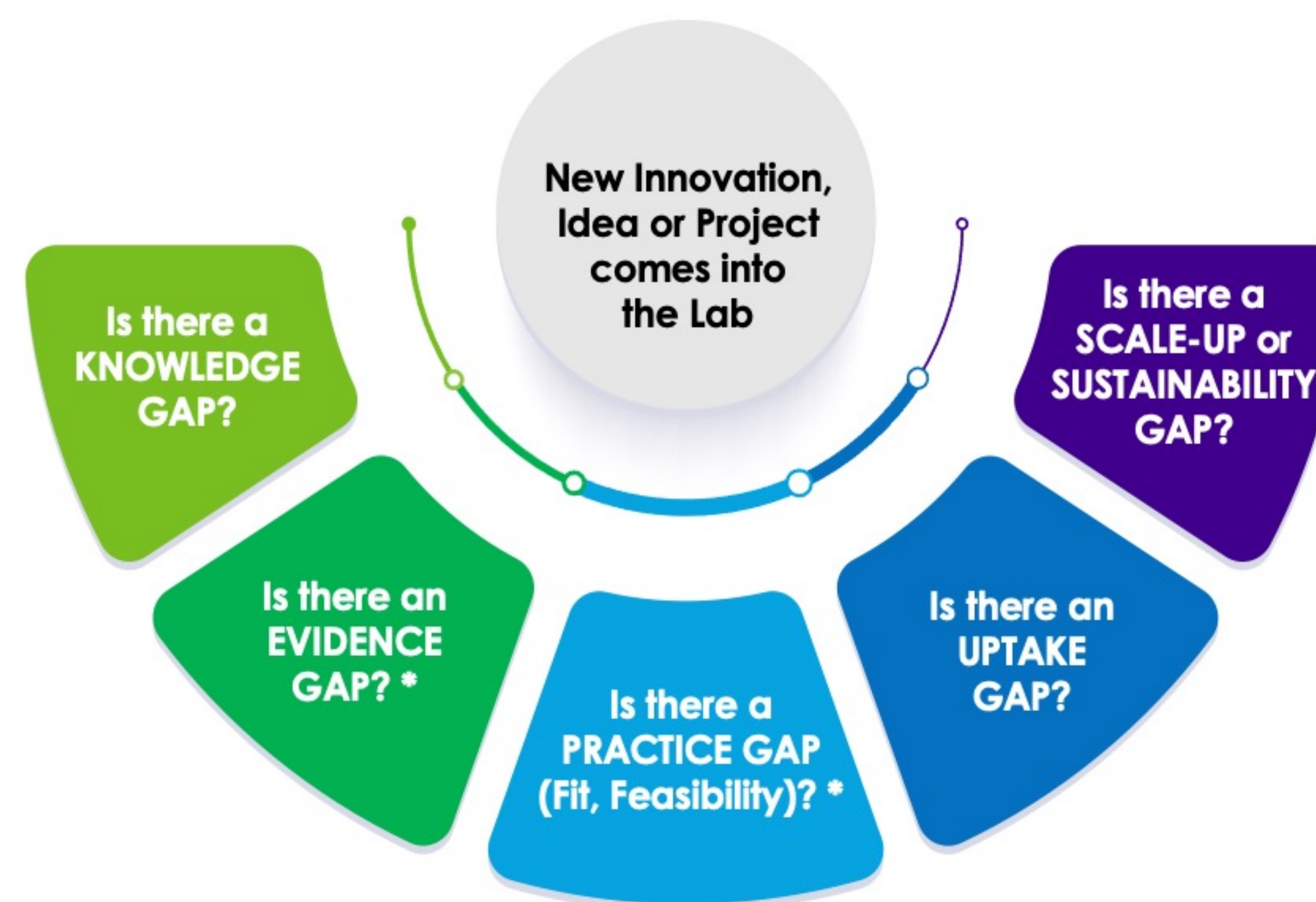
To move this work forward, we:



## Our Process & Our Team

SMH-ON supports 72 school boards, 4 remote school authorities and 10 provincial and demonstration schools in Ontario. Drawing on a range of feedback loops, like board and regional implementation coaching and links with provincial stakeholder networks, real-time needs and trends from the field are identified.

The ISU Lab considers needs and requests, and plans related projects and supports, using the following decision tree:



The ISU Lab has a varied representation of views, experiences and roles to help the decision-making process and the subsequent actions,

These roles vary from researchers, mental health practitioners, implementation scientists, as well as the active participation of students who are at various stages of their training.

## A Few Projects & Resources

Over the years, the ISU Lab has worked on many different pilots, projects and products to:



Findings have informed SMH-ON offerings and approaches, and have contributed to school mental health implementation science more broadly.

## Want to Learn More?

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