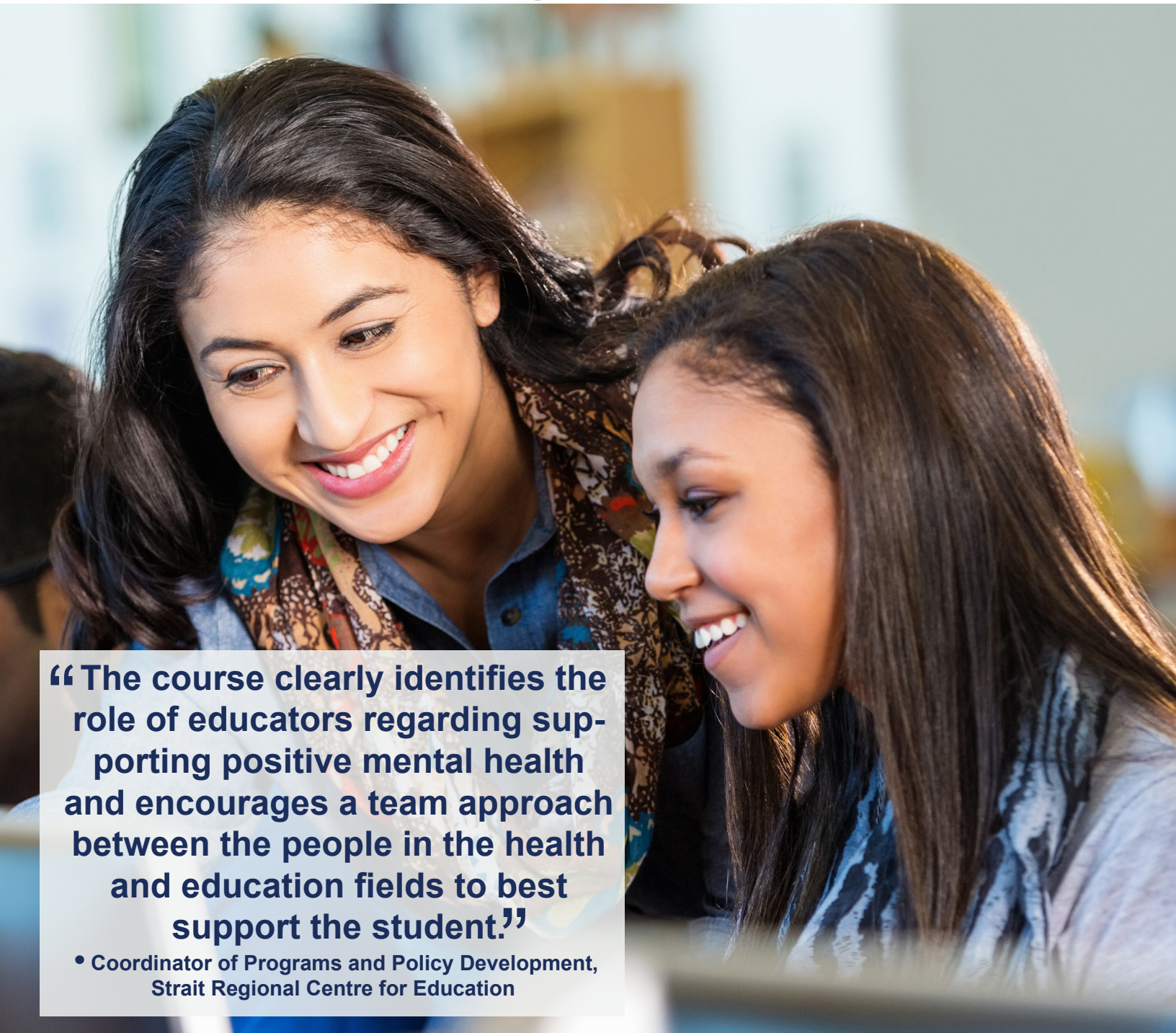


- TeenMentalHealth.Org
- University of British Columbia
- St. Francis Xavier University
- University of Western Ontario



“The course clearly identifies the role of educators regarding supporting positive mental health and encourages a team approach between the people in the health and education fields to best support the student.”

- Coordinator of Programs and Policy Development, Strait Regional Centre for Education

Online resources for pre-service and current teachers to build a foundation in mental health literacy.

Designed for all teachers, pre-service and seasoned educators alike, to:

- **ENHANCE** mental health literacy
- **PROVIDE** classroom materials for practicum and beyond to help address mental health literacy of students
- **IDENTIFY** strategies for obtaining and maintaining own mental health

This is a **FREE** modular resource that can be taken as self-directed online learning, or incorporated into existing courses for teacher candidates.

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